

BioAvail Iron

Essential Minerals

BioAvail Iron provides 29 mg of elemental iron per serving, ideally formulated using the amino acid chelate form of iron (ferrous bisglycinate) for enhanced absorption, optimal utilization and gastrointestinal (GI) comfort. Some individuals who take other forms of iron supplements may experience GI side effects, including gas, bloating, constipation or a combination of these symptoms. Supplementing the right form of iron can be key to maintaining healthy levels within the body and compliance to a supplement regimen.

Iron is one of the most abundant minerals on earth. It is essential to the majority of life forms, especially human physiology. Iron supports prenatal and cognitive health, as well as energy balance.

Iron is an integral component of the proteins involved in oxygen transport and storage: hemoglobin, myoglobin and ferritin. Iron, as part of the protein hemoglobin, carries oxygen from the lungs to various parts of the body. Hemoglobin accounts for nearly two-thirds of the iron found in the body, and carries essential oxygen to tissues and organs. Approximately one-sixth of the body's iron is stored as ferritin for use when dietary intake is not sufficient.

Iron must be maintained at balanced levels within the body – too much can cause toxicity and too little may lead to impairment of optimal health outcomes. Iron has to be carefully absorbed by the body. Interference can easily occur, making adequate consumption through diet and supplementation imperative to achieving a healthy balance.

Recommended Use:

1 capsule per day or as recommended by your health care professional.

Benefits of BioAvail Iron

- Provides Safe, Highly-Absorbed Iron for a Variety of Protocols
- High-Concentration Iron for Energy Support
- Supports Oxygen Transport and Energy Production Bioavailability
- Energy Balance
- Prenatal Support
- Cognitive Health



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT EVEXIA NUTRACEUTICALS, PLEASE CALL US AT (888) 852-2723,
OR VISIT AT WWW.EVEXIANUTRACEUTICALS.COM.